



# SELF-DISCIPLINE SHEET

Student Name \_\_\_\_\_

Rank when completed \_\_\_\_\_

Date Submitted \_\_\_\_\_

To earn Self-Discipline Stripes:

- ★ Write down something you did at home or at school that you did not have to be told to do by an adult
- ★ Bring your sheet to class **when you have completed 10 items** and **receive an attitude stripe**
- ★ You will receive three stripes for a completed sheet!
- ★ You will receive a **“Self-Discipline Award”** at the next graduation if you complete this sheet!

## FIRST STRIPE

1	_____	6	_____
2	_____	7	_____
3	_____	8	_____
4	_____	9	_____
5	_____	10	_____

Parent Signature \_\_\_\_\_

Instructor Initials \_\_\_\_\_

## SECOND STRIPE

1	_____	6	_____
2	_____	7	_____
3	_____	8	_____
4	_____	9	_____
5	_____	10	_____

Parent Signature \_\_\_\_\_

Instructor Initials \_\_\_\_\_

## THIRD STRIPE

1	_____	6	_____
2	_____	7	_____
3	_____	8	_____
4	_____	9	_____
5	_____	10	_____

Parent Signature \_\_\_\_\_

Instructor Initials \_\_\_\_\_